



STRATHCONA COMMUNITY CENTRE

BREAKFAST PROGRAM

A healthy start to the day at the Strathcona Community Centre for students and families of the Lord Strathcona Elementary School

**THANK YOU TO
OUR DONORS**

City of Vancouver

Matchstick Coffee

McLean Group

We would also like to extend our gratitude to the many **other businesses, organizations and individuals** that donate throughout the school year.

Would you like to become part of this community-minded group?

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**A BALANCED
HOT
BREAKFAST**
to start the day
right

**Connecting
with FRIENDS
and
NEIGHBOURS**

**A space for
FAMILIES
to EAT
TOGETHER**

**Fostering
YOUTH
SKILLS and
LEADERSHIP**

The Breakfast Program started in the 1993 when a local parent began the program as a volunteer cooking food that she bought with her own money. Over the years, the Breakfast Program has become a healthy morning tradition that serves up to 160 hot breakfasts each day.

The program focuses on providing a healthy, balanced and varied meal in a friendly and social setting. It is made possible by a dedicated team of staff and volunteers, led by Jane Newton-Moss, the Breakfast Program Coordinator. This team also includes an amazing group of students from the school who commit time every week as Breakfast Buddies to prepare and serve food for their classmates and neighbours while gaining skills, self-confidence and a sense of belonging.