



**STRATHCONA
COMMUNITY CENTRE**

We take care of each other

FALL 2022 RECREATION GUIDE



Registration begins **August 20, 2022 @ 9:00AM** for Fall programs

www.strathconacc.ca

Jointly operated by the Vancouver Board of Parks and Recreation & the Strathcona Community Centre Association





STRATHCONA COMMUNITY CENTRE

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Board of Directors

The Strathcona Community Centre Association (SCCA) and Vancouver Board of Parks and Recreation jointly operate the Strathcona Community Centre. The SCCA is governed by a locally elected Board of Directors made up of residents, community agency representatives and members at large. The SCCA is a provincially registered not-for-profit society and a federally registered charity. The SCCA Directors meet on the 3rd Tuesday of each month, and several times a year on active committees, including:

- Executive Committee
- Program Committee
- Food Security Committee
- Childcare Committee
- Facilities Committee
- Human Resources and Governance Committee
- Finance and Fundraising Committee
- Sustainable Funding Strategy Working Group

If you would like to contact the SCCA Board, please email strathconacc@gmail.com www.strathconacc.ca

The Strathcona Community Centre is grateful to live, work and play on the unceded, ancestral territories of the Musqueam, Squamish and Tsleil Waututh Nations.

Message from the SCCA Board

Beautiful Fall is here, and with it an exciting roster of programs and events for the community! Summer was busy with day camps that included neighbourhood adventures, arts and crafts, and out-trips. Seniors enjoyed Summer Cruisers outings across Greater Vancouver. Our summer community kitchen program and berry picking trips were a huge success.

We could not be more excited about our beautiful new North wall mural from Indigenous artists Bracken Corlett, Ocean Hyland, Atheana Picha and Kelsey Sparrow. The mural was two years in the making and is in partnership with the Vancouver School Board, with support from the Vancouver Park Board and through the Communities and Artists Shifting Culture Grant (COV). Painting began in July and it was such a thrill to see it evolve day by day. We are so grateful to the artists and cultural vision holders, whose vision communicates and connects us all to this land and community.

New programming starting this fall includes pilates, adult ballet, cartooning & creativity, chess club and a women's personal safety workshop with the VPD on Sept 26. We're in the last season of our 50th year and will be celebrating with a big community party on September 10. Join us outside the back of the centre between 11am-2pm for entertainment, food, carnival games and more! Thank you to all the alumni who have made Strathcona Community Centre a hub of the community over the years.

Strathcona Recreation Subsidy

Everyone should have access to recreation.

25%, 50%, or 75% subsidies for Strathcona residents facing financial barriers.

The Strathcona Recreation Subsidy offers the following benefits:

25% Subsidy Includes:

- Strathcona Community Centre Association Recreation Programs

50% Subsidy Includes:

- Strathcona Community Centre Association Recreation Programs
- Leisure Access Program Pass

75% Subsidy Includes:

- Strathcona Community Centre Association Recreation Programs
- Leisure Access Program Pass

Strathcona Recreation Subsidy does not include:

- Childcare
- Food programs
- Private lessons

Terms and conditions are subject to change.

Contact Us

601 Keefer St., Vancouver, BC V6A 3V8
Phone: 604-713-1838 | Fax: 604-713-1848

- Strathcona Community Centre Association
- [instagram.com/strathcc](https://www.instagram.com/strathcc)

www.strathconacc.ca
strathcc@vancouver.ca

- @strathcentre
- Strathcona CC

Centre Hours

Mon-Fri 9:00AM - 9:00PM
Sat 9:00AM - 5:00PM
Sun 10:00AM - 2:00PM
Dec 19-23/
Dec 28-31 9:00AM - 5:00PM
Dec 24 9:00AM - 1:00PM

Fitness Centre

Mon-Fri 9:00AM - 8:30PM
Sat 9:00AM - 4:30PM
Sun 10:00AM - 1:30PM

Holiday Closures

Sept 5 CLOSED
Sept 30 CLOSED
Oct 10 CLOSED
Nov 11 CLOSED
Dec 25, 26, 27 CLOSED
Jan 1, 2 CLOSED

Membership

SCCA membership is free. Sign up with the front desk to join the Strathcona Community Centre Association.

Leisure Access Program

The Leisure Access Program provides Vancouver residents facing financial barriers access, at a reduced cost, to Park Board programs and services offered at its pools, rinks, participating fitness centres and community centres.

Program Information

Taxes not included in listed program fees. See program details for holiday weekend cancellations.

Want to Volunteer?

Please contact strathcc@vancouver.ca to find out how you can get involved in programs, events, and activities at the Strathcona Community Centre.

Our Mission Statement

To sustain, promote, and develop a resource that supports the changing social and recreational needs and aspirations of the Strathcona Community.



STRATHCONA COMMUNITY CENTRE

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Aug 29 - Sep 2
Hours of Operation:
9:00AM - 4:45PM

How to Register:

Fall Registration Opens

Saturday August 20 @ 9:00AM

Online

vancouver.ca/strathconacc

By Phone

604-713-1838

In Person

601 Keefer St.
Vancouver V6A 3V8

General Information

Payment

All programs, rentals and drop-in fees include taxes and must be paid at time of registration. Cash, Debit, Visa, MasterCard and cheques are accepted at Strathcona Community Centre. Please make cheques payable to the "City of Vancouver". There is a \$35 service fee on any returned cheques or declined credit card payments.

Registering Late

Programs will be pro-rated on a class by class basis. Some classes will not accept registration after the 2nd class.

Cancellation

We reserve the right to cancel a program due to insufficient enrollment and will attempt to notify you at least 2 days prior to the start date.

Refund Policy

Requests made more than 48 hours prior to the first class will receive a refund in full. Requests after this time will receive a pro-rated refund based on the number of sessions passed.

Personal Information Protection

Any personal information the Strathcona Community Centre Association asks you to provide is collected under the authority of the Freedom of Information and Protection of Privacy Act. The information will only be used for the purposes of administering parks and recreation services, informing you of our services and benefits and for statistical purposes.

Strathcona Community Preschool

Our licensed preschool programs all share the same philosophy of learning through play. Our Early Childhood Educators encourage & facilitate the children's early education through our curriculum of fine arts, language acquisition, literature, cooking, math, science, physical education, and exploration as well as by building relationships of trust and security. Your children's growing capacity for empathy, creativity and critical thinking will be nurtured and encouraged.

During the school year, Strathcona Licensed Childcare operates two preschool rooms for 40 children ages 3-5 years through to kindergarten entry.

Program Details

The following prices are for 2022-2023. Prices are subject to change

Ages	# of days	Days of the week	Program Time	Monthly Fee
3-5 yrs	5 days	Mon-Fri	9:00 AM-12:00 PM	\$140

Preschool is closed on the following days: Friday, Sept 23; Friday, Sept 30; Friday, Oct 21; Friday, Nov 25.

To register for the Strathcona Licensed Child Care Waitlist, please e-mail strathconawaitlist@gmail.com or call 604-713-1838.

Affordable Childcare Benefit information is available at:

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-youngchildren/child-care-funding/child-care-benefit>



Strathcona Licensed Child Care

The SCCA is proud to offer the Strathcona Licensed Child Care (SLC) service to the community.

During the school year, SLC operates before school care for up to 60 school-aged children from 7:30 AM -9:00 AM. This includes access to the Breakfast Program in the Community Centre (see page 15), and an escort to the school at Lord Strathcona Elementary School.

During the school year, SLC operates after school care for 174 school-aged children from 3:00 PM-6:00 PM. This includes pick up from classrooms for children in Kindergarten and 1st grade at Lord Strathcona Elementary School. Older children meet in designated locations close to school.

Before & After School Care	\$200/month
After School Care	\$140/month

Childcare will be closed to honour the National Day for Truth & Reconciliation on September 30th, 2022.

To register for the Strathcona Licensed Child Care Waitlist, please e-mail strathconawaitlist@gmail.com or call 604-713-1838.

Affordable Childcare Benefit information is available at:

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-youngchildren/child-care-funding/child-care-benefit>



Social

Caregiver and Tot Playtime

0-3 yrs | Staff

Come and join our tot playtime with your family. We have lots of toys and books available for your young one to enjoy! This is a great way to meet your neighbors and make new friends! Drop-in program only; spaces are limited. Drop-in \$1.50. No class Sept 23, 30, Oct 10, 21, Nov 11, & 25.

M/W/F Sep 12-Dec 16
422931

10:30 AM-12:00 PM
\$1.50/drop-in

Arts

DANCEPL3Y Preschool (Early Years Dance, Music & Movement)

3-5 yrs | DANCEPL3Y Vancouver

Introduce your child to dance in a fun and playful way! The DANCEPL3Y Preschool program focuses on the development of physical literacy and Fundamental Movement Skills, which are the ABCs of healthy growth and development. Your child will explore a variety of dance genres through imaginative and engaging story lines that take them around the world as they develop musicality, social skills and confidence with movement!

W Sep 14 422938	2:15 PM-3:00 PM FREE TRIAL/1 sess
W Sep 21-Oct 26 422937	2:15 PM-3:00 PM \$60/6 sess
W Nov 2-Dec 7 423050	2:15 PM-3:00 PM \$60/6 sess

Preschool Ballet

3-5 yrs | Endorphin Rush Dance & Fitness

Explore the fundamental principals of ballet, balancing, and creativity in a very fun environment. Children will develop strength, flexibility, and body awareness all to inspiring music!! No Class on Oct 8.
Sa Sep 17-Dec 10
423007

10:15 AM-11:00 AM
\$132/12 sess

Preschool Hip Hop

3-5 yrs | Endorphin Rush Dance & Fitness

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats! Children must be able to participate without a parent in the room. No Class on Oct 8.
Sa Sep 17-Dec 10
423205

11:00 AM-11:45 AM
\$132/12 sess



SECRET LANTERN SOCIETY
29TH ANNUAL
WINTER SOLSTICE LANTERN FESTIVAL
Wednesday, December 21, 2022

Please plan to celebrate Winter Solstice with us and check our website for details:
www.secretlantern.org

Special Events

Breakfast with Santa

All Ages

Enjoy a pancake breakfast, crafty fun, photo booth and a special visit from Santa! Bring a camera if you wish to take a picture with the jolly fellow. Pre-registration only. Under 12 months old can attend for free. \$3/adult, \$2/child. Please call 604-713-1838 to register over phone or in person. No online registration.

Sa Dec 3
423046

10:30 AM-12:30 PM
\$3/Adult, \$2/Child



Truth and Reconciliation Orange Shirt March – Sept 30

Please join your community for Orange Shirt March on the morning of September 30th to honor National Day for Truth and Reconciliation. Everyone is welcome. Please wear your orange shirt. Details of the march will be available in September.

Sports

NEW! Baby Bears Gymnastics

1-2 yrs | Bear Feet Gymnastics

Watch your little one gain confidence in their movement skills! This class will provide you and your child the opportunity to explore a wide variety of activities that focus on fostering appropriate physical development. It will also give you a chance to socialize and be a part of a supportive group of parents. In Baby Bears we like to have fun, so get ready to move around, do some dancing and some singing! The children will enjoy songs, games, circle time and of course bonding time with you! For more info, please visit www.bearfeetgymnastics.com. Parent Participation is required. No class Oct 9.

Su Sep 18-Oct 30	10:30 AM-11:15 AM
422921	\$66/6 sess
Su Nov 6-Dec 11	10:30 AM-11:15 AM
423047	\$66/6 sess

Flu Shot Clinic

All Ages | Bio Pro Pharmacy

In mid-October, we will be hosting 2 dates for the flu shot clinic. Please contact us in September 2022 for more information.

Rainbow Bear Gymnastics

3-5 yrs | Bear Feet Gymnastics

Through the use of creative circuits the children will have the opportunity to learn and practice new gymnastic skills with the support of their coach! This class will encourage the children to develop their attention span as well as their spatial/body awareness and will no doubt get strong as a bear! This class provides a great mix of play and skill building all rolled into one. We focus on fundamentals of gymnastics in this high energy super engaging class! The children will enjoy warm up games, circuits and creative strength building exercises all disguised as play! Parent participation mandatory. For more info, please visit www.bearfeetgymnastics.com. No class Oct 9.

Su Sep 25-Nov 27	11:30 AM-12:15 PM
423008	\$66/6 sess
Su Nov 6-Dec 11	11:30 AM-12:15 PM
423217	\$66/6 sess

Sportball - Parent & Tot Multisport

2-3 yrs | Sportball Vancouver

Sportball Parent & Child programs help pre-schoolers to refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class using developmentally appropriate games and activities. Sportball maintains a one-parent-per-child ratio policy in all Parent Child programs to ensure that focus is kept on helping little ones practice and progress. No class Oct 9.

Su Sep 18-Oct 30	10:15 AM-11:00 AM
423013	\$90/6 sess
Su Nov 6-Dec 11	10:15 AM-11:00 AM
423220	\$90/6 sess

Sportball - Multisport

3-5 yrs | Sportball Vancouver

Sportball lessons are packed with cooperative games and a variety of ball sports. Our trained and certified coaches emphasize confidence and competence building over competition. Laugh and learn skills for life! No class Oct 9.

Su Sep 18-Oct 30	11:00 AM-12:00 PM
423012	\$90/6 sess
Su Nov 6-Dec 11	11:00 AM-12:00 PM
423219	\$90/6 sess

Everyone should have access to recreation

Subsidies are available for Strathcona residents facing financial barriers.

See page 2.

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.

Arts

Afterschool Cooking for Kids!

5-12 yrs | Shaista

Join Shaista, in exploring the wonderful world of cooking! Learn new cooking and kitchen skills. Recipes will include making pizza, baking and delicious recipes that kids love to cook, and eat. No experience required!

Tu Oct 4-Nov 29
424605

3:15 PM-5:15 PM
\$72/9 sess

NEW! Cartooning & Creativity!

5-15 yrs | Devan

This program is for anyone who loves drawing or wants to improve their skills! Do you love cartoons? Comics? Video games? Let's pull from our favourite stuff to make a new story! We'll learn how to make appealing cartoon characters, how to start comics, and learn how to make your art even better! With our pencil and paper, we'll follow instructions and make things up as we go. The Instructor is happy to transform the days based on the student's interests. Creating is all about expression, join if you'd like to learn and have fun! All skill levels are welcome.

5-10 yrs

Su Oct 2-Nov 20
424369

10:30 AM-11:30 AM
\$72/8 sess

10-15 yrs

Su Oct 2-Nov 20
424372

11:45 AM-12:45 PM
\$72/8 sess

DANCEPL3Y Kids

6-12 yrs | DancePL3y Vancouver

DANCEPL3Y (dance-play) is a new kids fitness where your kids will learn simple moves from a variety of styles - Hip Hop, Urban, Ballroom, Bollywood, Lyrical, Jazz/Funk as they get interACTIVE and 'play' with dance. Watch self-confidence and positive attitudes grow each week thanks to our motivating coaching philosophy featuring the 3 Rules of PL3Y: Be positive. Be fun. Be yourself. Free trial class. Please register.

6-8 yrs

W Sep 14

422933

3:10 PM-4:10 PM

FREE TRIAL/1 sess

W Sep 21-Oct 26

422935

3:10 PM-4:10 PM

\$60/6 sess

W Nov 2-Dec 7

423048

3:10 PM-4:10 PM

\$60/6 sess

9-12 yrs

W Sep 14

422934

4:15 PM-5:15 PM

FREE TRIAL/1 sess

W Sep 21-Oct 26

422936

4:15 PM-5:15 PM

\$60/6 sess

W Nov 2-Dec 7

423049

4:15 PM-5:15 PM

\$60/6 sess

Hip Hop Dance

5-8 yrs | Endorphin Rush Dance & Fitness

Students do what comes naturally, this is a fun movement program with hip hop moves and rhythmic action games! No previous dance experience required! No class on Oct 8.

Sa Sep 17-Dec 10

422943

11:45 AM-12:45 PM

\$132/12 sess

Open Stage Program

9-12 yrs | Arts Umbrella

Be curious, be bold, and be yourself! The Arts Umbrella Open Stage program is a perfect way to develop imagination, creativity, self-confidence, and empathy in a fun and expressive way. Students will explore a variety of age-appropriate acting tools and techniques such as the relationship between the physical body and character. Open to Strathcona Elementary students in grades 4-7. Students should have an interest in acting. Students should eat a snack prior to coming to the program and bring a filled water bottle.

Fall: Oct 4-Dec 6, 2022

Winter: Jan 10-Mar 7, 2023

Spring: Mar 28-Jun 6, 2023

Tuesday

Tu Oct 4-Jun 6

422951

3:15 PM-5:00 PM

Free/30 sess

Thursday

Th Oct 6-Jun 8

422952

3:15 PM-5:00 PM

Free/30 sess



Everyone should have access to recreation

Subsidies are available for Strathcona residents facing financial barriers.

See page 2.

Day Camp

Pro-D Day Camp

5-12 yrs | Day Camp Leaders

Come and join the day camp leaders in our single-day, recreation based day camp! Your child will be expected to remain on site for the duration of the program day. Children should bring a lunch, water, and snacks. Daily activities will include arts & crafts, sports and games and other activities in and around the Community Centre.

9:00 AM-3:00 PM	\$25/1 sess
F Sep 23	423026
F Oct 21	423585
F Nov 25	423586

Winter Break Day Camp

5-12 yrs | Day Camp Team

Join us for an exciting day camp that includes arts & crafts, out-trips, special events and more! No camp Dec 26 & 27. Child must be currently attending Kindergarten to attend day camp. Day camp participants must bring a packed lunch and dress appropriately for the weather and scheduled out-trip. A waiver form must be completed prior to the start of the week. Refunds requests must be received a minimum of 10 working days (Mon-Fri) before the first day of session to receive a full refund.

Week 1

M-F Dec 19-Dec 23	9:00 AM-3:00 PM
423587	\$115/5 sess

Week 2

W-F Dec 28-Dec 30	9:00 AM-3:00 PM
423588	\$69/3 sess

Frozen Ballet Camp

3-6 yrs | Endorphin Rush Dance and Fitness

100% Frozen Soundtrack music is played in this creative ballet class designed to ignite young dancers imaginations. No experience required as dancers learn the basics of ballet and creative expression through movement. Costumes are welcome, but not required in this class.

M-F Dec 19-23	9:15 AM-10:30 AM
425890	\$99/5 sessions

NEW! Hip Hop Camp

4-8 yrs | Endorphin Rush Dance and Fitness

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Family and Friends be ready to cheer during the final day performance.

4-6 yrs

M-F Dec 19-23	10:45 AM-12:00 PM
425899	\$99/5 sessions

6-8 yrs

M-F Dec 19-23	12:30 PM-1:45 PM
425904	\$99/5 sessions

NEW! Zumba Kids Camp

5-8 yrs | Endorphin Rush Dance and Fitness

My Zumba® and Zumba Kids® classes are high-energy fitness-parties that offer real results. Packed with specially choreographed routines and the latest music, like hip-hop, reggaeton and cumbia. Zumba Kids® classes increase focus and self-confidence, boost metabolism and improve coordination. More than just a great reason to break a sweat, Zumba Kids® and let loose!

M-F Dec 19-23	2:00 PM-3:15 PM
425908	\$99/5 sessions

Education

Red Cross Babysitting Training

11-17 yrs | First Aid Hero

So you want to be a Babysitter? Or your parents want you to take this course to feel confident they could leave you home with your younger siblings. Babysitting with First Aid Hero emphasizes learning through real life scenarios covered in this course. Topics include Exploring this business of First Aid, Creating Safe Environments, Self Caring for ages 0-12, and First Aid Skills. Please bring lunch, snacks, plenty of water, medium sized stuffed animal or baby doll, small blanket or medium sized towel.

Sa Nov 5	9:00 AM-4:00 PM
423009	\$65/1 sess

Fitness & Health

Yoga Buggy for Kids!

5-9 yrs | The Yoga Buggy

Join The Yoga Buggy for a fun class that incorporates music, yoga poses, games, mindfulness activities, storytelling, and dance. We are so excited to play Yoga with you!

5-6 yrs

W Sep 14-Oct 26	3:10 PM-3:40 PM
423040	\$56/7 sess

W Nov 2-Dec 14	3:10 PM-3:40 PM
423793	\$56/7 sess

7-9 yrs

W Sep 14-Oct 26	3:45 PM-4:30 PM
423041	\$56/7 sess

W Nov 2-Dec 14	3:45 PM-4:30 PM
423794	\$56/7 sess

Sports

Tennis Lessons: Basics

5-12 yrs | Wilson Tan

Learn the basics of how to rally. Develop skills important to tennis through games in an open skills environment. You will learn about basic skills and competencies to play tennis. Suitable for first-timers those new to tennis. Our ambition is to help you rally 6-10+ balls consecutively. No class Oct 8, Nov 12, and Dec 3.

5-6 yrs

Sa Sep 24-Dec 10	1:30 PM-2:45 PM
423029	\$135/9 sess

7-9 yrs

Sa Sep 24-Dec 10	1:30 PM-2:45 PM
423030	\$135/9 sess

10-12 yrs

Sa Sep 24-Dec 10	1:30 PM-2:45 PM
423028	\$135/9 sess

Strathcona Basketball

Grades K-12 | William, Jadon, & Joshua

An introductory, skills and fun-based approach to the game of basketball for grades K-12. This immersive and progressive program will teach players a variety of skills and concepts necessary to become a better basketball player. Strathcona Elementary children and children living in the V6A will have a 1 week priority to sign up beginning Aug 13 in person. The rest of the general public will register on Aug 20. No Session on Dec 3.

Grades K-2 Coed

Sa Sep 17-Dec 17 9:05 AM-10:05 AM
423018 \$39/13 sess

Grades 3-5 Coed

Sa Sep 17-Dec 17 10:10 AM-11:10 AM
423015 \$39/13 sess

Grades 6-8 Boys

Sa Sep 17-Dec 17 11:15 AM-12:15 PM
423016 \$39/13 sess

Grades 6-8 Girls

Sa Sep 17-Dec 17 11:15 AM-12:15 PM
423017 \$39/13 sess

Grades 9-12 Boys

Sa Sep 17-Dec 17 12:20 PM-1:20 PM
423019 \$39/13 sess

Grades 9-12 Girls

Sa Sep 17-Dec 17 12:20 PM-1:20 PM
423020 \$39/13 sess

Kung Fu: Choy Lee Fut (Children & Youth)

8-18 yrs | Amy Pon

Enjoy fitness and endurance with practical self defense techniques focusing on artistic forms of the Choy Lee Fut Style. Workouts start with stretching and flexibility, then speed training practice and forms. This class will be combined with the Adult class. Children can drop-in for \$5.

M W Sep 7-Dec 14 6:30 PM-7:30 PM
422946 \$5/28 sess

Activity Room at *Strathcona Community Centre

Music

Private Piano Lessons

5+ yrs | Christina & Alicia

Students who were registered in Spring 2022 will have priority over Fall 2022 registration. On August 20 at 9am, if spots have not been filled, they will be available and open to the public for registration.

Please note: If the spot you want is full, please register to put yourself on the waitlist for that timeslot as we have moved away from the paper waitlist at the front desk. Waitlist will not be carried over to the following season.

Mondays Sep 12-Dec 12

\$201.50/13 sess

No class Oct 10

3:15 PM-3:45 PM 422990

3:50 PM-4:20 PM 422991

4:25 PM-4:55 PM 422992

5:00 PM-5:30 PM 422993

5:35 PM-6:05 PM 422994

6:10 PM-6:40 PM 422995

6:45 PM-7:15 PM 422996

7:20 PM-7:50 PM 422997

Wednesdays Sep 14-Dec 14

\$217/14 sess

3:15 PM-3:45 PM 422998

3:50 PM-4:20 PM 422999

4:25 PM-4:55 PM 423000

5:00 PM-5:30 PM 423001

5:35 PM-6:05 PM 423002

6:10 PM-6:40 PM 423003

6:45 PM-7:15 PM 423004

7:20 PM-7:50 PM 423005

Fridays Sep 16-Dec 16

\$186/12 sess

No class Sep 30 & Nov 11

2:30 PM-3:00 PM 422983

3:05 PM-3:35 PM 422984

3:40 PM-4:10 PM 422985

4:15 PM-4:45 PM 422986

4:50 PM-5:20 PM 422987

5:25 PM-5:55 PM 422988

6:00 PM-6:30 PM 422989

Private Piano Lessons continued ...

Saturdays Sep 10-Dec 17

\$232.5/15 sess

9:05 AM-9:35 AM 422973

9:05 AM-9:35 AM 422974

9:40 AM-10:10 AM 422975

9:40 AM-10:10 AM 422976

10:15 AM-10:45 AM 422953

10:15 AM-10:45 AM 422954

10:50 AM-11:20 AM 422955

10:50 AM-11:20 AM 422956

11:25 AM-11:55 AM 422957

11:25 AM-11:55 AM 422958

12:00 PM-12:30 PM 422959

12:30 PM-1:00 PM 422960

1:05 PM-1:35 PM 422961

1:15 PM-1:45 PM 422962

1:40 PM-2:10 PM 422963

1:50 PM-2:20 PM 422964

2:15 PM-2:45 PM 422965

2:25 PM-2:55 PM 422966

2:50 PM-3:20 PM 422967

3:00 PM-3:30 PM 422968

3:25 PM-3:55 PM 422969

3:35 PM-4:05 PM 422970

4:00 PM-4:30 PM 422971

4:10 PM-4:40 PM 422972

Ukulele & Guitar Private Lessons

8+ yrs | Rene Hugo-Sanchez

The 30 minute classes focus on technique, repertoire, basic theory and practicing skills. Participants work at their own level and pace. Books available for \$15. No class Oct 8.

Sa Sep 24-Dec 17 \$240/12 sess

3:00 PM-3:30 PM 423031

3:30 PM-4:00 PM 423032

4:00 PM-4:30 PM 423033

4:30 PM-5:00 PM 423034

CAP-C (Community Action Program for Children)

The Community Action Program for Children (Cap-C) program is designed for low-income families with children ages 6 and under. Financial contribution from Public Health Agency of Canada in agreement with the Province of BC. Please register in person or phone at 604.713.1838. For more information, please visit: <https://www.canada.ca/en/public-health/services/health-promotion/childhood-adolescence/programs-initiatives/community-action-program-children-capc.html>



Government
of Canada

Gouvernement
du Canada

English Conversation for New Immigrants

19-50 yrs

Informal conversation in a group setting to improve parents' English speaking & understanding. The content will cover practical everyday subjects and group led topics.

M Oct 17-Dec 12 1:30 PM-2:30 PM
422924 Free/9 sess

Children Painting

4-6 yrs

Painting allows children to express their creativity and have fun while doing it. Through participation, they can increase their hand-eye coordination and concentration as well. No class Oct 10.

M Sep 19-Nov 28 3:15 PM-4:15 PM
422923 Free/10 sess

Baby & Me Time

0-18 months

Throughout the season, we'll explore different music from around the world, sing songs, play instruments, read stories, & work with puppets, etc. We also explore the essential sign language hand signs to help communication between parents & children. This will enable families to enjoy bonding while having fun with other families. Only 1 parent & 1 child for registration.

Tu Oct 11-Dec 13 10:00 AM-10:30 AM
422927 Free/10 sess

Children Art

4-6 yrs

This class will help develop children's capacities for thinking and creative expression through participation.

Tu Sep 20-Nov 29 3:15 PM-4:15 PM
422922 Free/11 sess

Food & Culture

19+ yrs

Parents of various cultural backgrounds connect to one another through sharing cooking skills & recipes. Childminding is available, taken place in Activity Room. No class Oct 25.

Tu Oct 4-Nov 15 12:00 PM-1:15 PM
422926 Free/6 sess

Parenting Workshop

19-50 yrs

A source of support for parents and offer an opportunity to share parenting experience as well as to develop a greater understanding of child development.

Tu Sep 27/Oct 25/Nov 22/Nov 29 11:00 AM-12:00 PM
423921 Free/4 sess

Moving Stories for Moms

19-50 yrs

To provide parents a safe place where they can nourish themselves, build community and leave their daily worries, responsibilities and caring for others outside for our 1 hour session. Childminding is available, taken place in Activity Room.

Tu Oct 4-Nov 15 1:30 PM-2:30 PM
422928 Free/7 sess

Music Band Wagon

2.5-4 yrs

This program provides parents & young children (ages 2.5-4 yrs) with a wide variety of activities such as music & movements, toys & games during sessions with the music instructor.

W Oct 12-Dec 14 1:45 PM-2:30 PM
422929 Free/10 sess

Family Drop-In

All Ages

To connect with families and to promote healthy family & community life as well. Parents/caregivers with their young children (age 0-4 yrs) come together to have fun & support. It's a child friendly environment where toys, puzzles, books & crafts are provided.

Th Sep 15-Dec 15 10:30 AM-12:00 PM
422925 Free/14 sess

Strathcona Police Judo Jrs.

12-15 yrs

Strathcona Youth Judo Club is for young preteens and youth who want to learn judo techniques and movements from experienced blackbelt instructors. Strathcona Judo Youth Club strive to build confidence, skill and discipline in Judo. All 13-18yrs youth welcome! For more information contact the front desk at 604-713-1838.

W Oct 19-Dec 7
423025

5:00 PM-6:30 PM
Free with Registration/8 sess

Youth Lounge

9-18 yrs | Youth Leaders

Got some free time after school and looking for somewhere to hang out? Come by our youth lounge to relax, socialize, and play some games. We've got Ping-Pong, pool, foosball, and an assortment of games. Teen only (13-18) time starts at 8pm.

M-F Sep 19-Dec 16
423043

3:00 PM-9:30 PM
Free with Registration

Youth Gym

9-18 yrs | Youth Leaders

Looking for something to do on Friday nights? We've got a fun assortment of activities such as badminton, volleyball, and basketball. You can even talk to staff about getting an activity going depending on group interest. No class Sep 30 & Nov 11.

F Sep 16-Dec 16
423042

3:15 PM-8:15 PM
Free with Registration/11 sess

Strathcona Homework Club

9-18 yrs

Join us afterschool to learn, improve your knowledge and education at Homework Club! You will be instructed and supported by teachers and instructors as well as have an opportunity to mix and mingle with your friends! All youth welcome! For more information contact front desk 604-713-1838.

M Oct 3-Dec 12
423023

3:15 PM-4:30 PM
Free with Registration/10 sess

Strathcona Jr Youth Council

10-18 yrs | Youth Leader

Do you want to make a difference in your community? Strathcona Youth Council is committed to provide youth a voice and want your help! Their goal is to build a group of young people who can work together toward improving youth opportunities and experiences. Members will earn volunteer hours, fundraise for great causes, gain employment training, and plan events. This is a wonderful opportunity to learn about how non-profits function and experience how community collaboration works! For more information, please contact the front desk at 604.713.1838.

F Oct 7-Dec 16
423024

3:45 PM-6:15 PM
Free with Registration/10 sess

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.



vanyouth [Follow](#)

80 posts 244 followers 141 following

VPB Youth Services
Community
Vancouver Park Board Youth Services #vanyouth
vanrec.ca



About Strathcona Conversations

Strathcona Conversations connects neighbours with dialogue, zine-making and art! Our latest issue is about Trees - in our "neighbourhood!"

Pick it up at the Strathcona Community Centre.

Join the conversation! Email strathconvo@gmail.com or join our Strathcona Conversations Facebook group.



Education

NEW! Women's Personal Safety Team Workshop

19+ yrs | VPD Female Officers

A group of dedicated VPD female officers have been increasing women's safety and giving back to the community, as part of the VPD Women's Personal Safety Team since 2013. Their goal is to educate, inspire, and empower women to take ownership of their personal safety. Their workshops teach tactics designed to be easily learned and remembered by women with no prior training in case they are ever faced with a situation of unavoidable violence. Please arrive by 5:40pm to fill out forms before the start of workshop.

M Sep 26 6:00 PM-8:00 PM
423544 Free/1 sess

Everyone should have access to recreation

Subsidies are available for Strathcona residents facing financial barriers.

See page 2.

Caterpillar Bookbinding

19+ yrs | Suzan Lee

Learn to make a contemporary hardcover book that cleverly uses stitches to bind pages to its covers. The stitching looks remarkably like a caterpillar/ centipede resulting in a very organic aesthetic. Your choice of colourful linen thread will make your hardcover book pop! No prior experience is necessary. All materials and tools are provided.

Su Oct 16 10:30 AM-1:30 PM
422949 \$53/1 sess

Medieval Bookbinding

19+ yrs | Suzan Lee

Many of the bound books during the medieval period had a practical business purpose: to record profits. Medieval merchants travelled far and wide, so their account books had to endure plenty of wear and tear. Run out of pages? No problem! You can remove old pages and add fresh ones. Whether it's for sketching, journaling or traveling, your medieval-style book will make a lasting companion for you or a gift. No prior experience is necessary. All tools and materials will be supplied.

Su Sep 18 10:30 AM-1:30 PM
422950 \$53/1 sess

NEW! Adult Chess Club

19+ yrs | Glenn Haftner

Want to learn how to play chess? Are you looking to improve your skills or are you wanting to have a match with other Chess enthusiasts? Come join Glenn Haftner, who will help and improve your skills as a chess player. The group meets biweekly starting on Sept 22. \$2/drop-in.
Th Sep 22 - Dec 15 6:30 PM-8:00 PM
424609 \$2/drop-in

Fitness & Health

NEW! Adult Ballet for Beginners

19+ yrs | Endorphin Rush Dance & Fitness

Ballet enthusiasts and former dancers unite! An open level, beginner friendly, ballet program designed for adult dancers to reap the benefits of ballet through exercises to condition the body, creativity and to compliment short choreographies. Soft ballet shoes are recommended. Please wear comfortable clothing for movement and bring a water bottle. Drop in \$14.00, if space permits. No class Nov 11.

F Sep 23 5:30 PM-6:30 PM
424479 FREE TRIAL/1 sess
F Oct 7-Dec 2 5:30 PM-6:30 PM
424465 \$88/8 sess

NEW! Contemporary Line Dance

19+ yrs | Irene Loo

This modern line dance class incorporates contemporary music and dance steps including Cha Cha, Tango, Rumba, Waltz, Mambo, Salsa, Cumbia, Hustle, Twist, Disco, Jitterbug and Electric Slide. Drop-in \$4.76, if space permits. No class Oct 15.

Sa Sep 17-Dec 10 1:45 PM-3:15 PM
424611 \$42/12 sess

NEW! Pilates

19+ yrs | Into Yoga

Pilates participants will learn the fundamentals of Pilates which promotes strength and stability while lengthening the muscles and supporting the spine. There will be a strong focus on connecting to the abdominal and pelvic floor muscles which is the key to strengthening the core muscles of the body. Please bring your own mat. Drop in \$16, if space permits.

W Sep 14-Oct 26 424367	7:00 PM-8:00 PM \$101/7 sess
W Nov 2-Dec 14 424368	7:00 PM-8:00 PM \$101/7 sess

Vinyasa Flow Yoga

19+ yrs | Estefani Osorio & Lucia Woolgar

This is an all levels vinyasa flow yoga class where we will laugh, play, and move our wonderful bodies! We will work on meditation, breathing, and play around with some fun yoga postures and sequences. Our bodies will get a chance to build core strength, improve balance and get a cardio boost. Never tried yoga before? No need to worry as we will guide you step by step with helpful cueing and encouragement. We will provide optional modifications and progressions to allow the class to meet you where you are at each week. Please bring your own yoga mat and any other equipment to better support your practice. Drop-in \$11.43, space permitting.

Th Sep 15-Oct 27 423035	7:00 PM-8:15 PM \$66.50/7 sess
Th Nov 3-Dec 15 423036	7:00 PM-8:15 PM \$66.50/7 sess

Zumba

19+ yrs | Edie Chang

This class fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout system that will blow you away. Zumba utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. It uses a variety of styles in its routines, including Cumbia, Soca, Merengue, Salsa, African, Reggaeton, Flamenco, Disco, and Bellydance. Zumba is a 'feel-happy' workout that is great for both the body and the mind. Drop-in \$11.00, if space permits. No class Sat Oct 15.

Tu Sep 13-Oct 25 423044	7:00 PM-8:00 PM \$63/7 sess
Tu Nov 1-Dec 13 423221	7:00 PM-8:00 PM \$63/7 sess
Sa Sep 17-Oct 29 423045	10:00 AM-11:00 AM \$54/6 sess
Sa Nov 5-Dec 17 423222	10:00 AM-11:00 AM \$63/7 sess

Martial Arts

Aikido for Men and Women

19+ yrs | Tony Hind

Based on traditional Japanese hombu style, Aikido is a powerful, dynamic martial art that uses an attacker's momentum and energy and redirects it through fluid techniques that may involve joint locks, throws and pins. This class will include both basic and higher level techniques suitable for all participants, beginners and advanced students. Space permitting, \$15 drop-in. No Session Oct 8, Oct 15 and Nov 12.

Sa Sep 24-Dec 17 422916	11:30 AM-1:00 PM \$100/10 sess
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Kung Fu: Choy Lee Fut

19+ yrs | Amy & Matthew

Enjoy fitness and endurance with practical self defense techniques focusing on artistic forms of the Choy Lee Fut Style. Workouts start with stretching and flexibility, then speed training practice and forms. Children can join at a reduced rate. All levels and new participants welcome! Drop in \$6.67, if space permits. No session Oct 10.

M W Sep 7-28 422945	6:30 PM-8:30 PM \$49/7 sess
M W Oct 3-31 422948	6:30 PM-8:30 PM \$56/8sess
M W Nov 2-30 422947	6:30 PM-8:30 PM \$63/9 sess
M W Dec 5-14 426163	6:30 PM-8:30 PM \$28/4 sess

Sports

Adult Tennis Lessons

19+ yrs | Wilson Tan

Suitable for beginners and novice seeking to learn basics of successful rallying - Expectations to consecutively rally 30-50 balls with a partner. Basic understanding of volleys and serving. Our programs take Progressive Tennis in an open skills environment, allowing developments important to improving your tennis. You will learn about basic skills and competencies to play tennis. No class Oct 9 & Nov 13.

Su Sep 25-Oct 23 422914	10:00 AM-11:45 AM \$175/4 sess
Su Oct 30-Nov 27 423823	10:00 AM-11:45 AM \$175/4 sess

Basketball - Recreation

19+ yrs | Non-Instructional

Recreational co-ed basketball with limited spaces. Registered participants must check in at the front desk in person no later than 5 minutes after start time to guarantee their spot, or spots will be sold to those on waitlist. Waitlist opens 30 minutes prior to time of play. Drop-in \$5.25, space permitting.

Tu Sep 6-Dec 13 422919	7:15 PM-8:45 PM \$56.25/15 sess
Su Sep 11-Dec 18 422920	12:10 PM-2:00 PM \$63.75/15 sess

Table Tennis - Drop-In

19+ yrs | Non-Instructional

Everyone is welcome! This is a great way to socialize and keep active. Sign up and play some quality table tennis. Drop-In to play for \$1 each visit.

W Sep 7-Dec 28 423027	9:30 AM-11:30 AM \$1/Drop-In
Sa Sep 17-Dec 17 423027	9:30 AM-11:30 AM \$1/Drop-in

Pickleball - All Levels - Recreation

19+ yrs | Non-Instructional

Pickleball is a combination of Ping-Pong, tennis, and badminton. This mini-tennis game is played by 2 or 4 people on a badminton-sized court using wood paddle racquets and a plastic, poly baseball with holes. No experience necessary, players of various levels play each week. Participants try to match abilities when possible. Registered participants must check in at the front desk in person no later than 5 minutes after start time to guarantee their spot, or spots will be sold to those on waitlist. Waitlist opens 30 minutes prior to time of play. Drop-in \$5.25, space permitting.

W Sep 7-Oct 26 423006	5:15 PM-6:30 PM \$38.08/8 sess
W Nov 2-Dec 14 423216	5:15 PM-6:30 PM \$33.32/7 sess

Volleyball - Adult Recreation Play

19+ yrs | Non-Instructional

Bump, set, spike and meet new people while enjoying some friendly, non-competitive games of recreational volleyball. Registered participants must check in at the front desk in person by 7:05pm to guarantee their spot, or spots will be sold to those on waitlist. Waitlist opens 30 minutes prior to time of play. Drop-in \$5.00, space permitting.

W Sep 7-Dec 14 423037	7:00 PM-8:45 PM \$67.50/15 sess
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Badminton: Drop-In

5+ yrs | Non-Instructional

Drop-in badminton play at Strathcona for all ages. Come as a family, or make new friends. Play is self-monitored, so please be ready to rotate, share, and have fun. Limited number of rackets and birdies available to borrow - if you have your own, please bring. Drop-in \$5.00.

Sa Sep 17-Dec 17 422918	3:15 PM-4:45 PM \$5/14 sess
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Flu Shot Clinic

All Ages | Bio Pro Pharmacy

In mid-October, we will be hosting 2 dates for the flu shot clinic. Please contact us in September 2022 for more information.

Strathcona Community Food Security Programs

Follow us on Instagram/Facebook or check out our website and the community bulletin board inside the community centre for upcoming food skills workshops!

Strathcona Backpack Program

All Ages | Food Security Team

The Backpack Program is a service for household with dependants 18 or under, who are living in the V6A postal code area and experiencing food insecurity. We provide a variety of produce, meat, meat alternatives and dry goods as per donation. Forms to apply are at the front desk of the Strathcona Community Centre or on Friday's at the Strathcona Backpack Program. Closed on Stat holidays; Sep 2, 9, 30, Dec 23 & 30.

Strathcona Breakfast Program

Strathcona Breakfast Program welcomes all Strathcona Elementary School students to enjoy a balanced breakfast of fresh and nutritious food each weekday morning before school starts. No registration necessary. Pick up your breakfast by the North entrance off Pender St. The Breakfast Program is closed during school closures (professional development days, stat holidays, spring, summer and winter).

Afterschool Cooking for Kids!

5-12 yrs | Shaista

Join Shaista, in exploring the wonderful world of cooking! Learn new cooking and kitchen skills. Recipes will include making pizza, baking and delicious recipes that kids love to cook, and eat. No experience required!

Tu Oct 4-Nov 29
424605

3:15 PM-5:15 PM
\$72/9 sess

Spice Up Your Garden with Garlic!

19+ | Village Vancouver

Garlic's easy to grow, can thrive in small spaces, and tastes great homegrown! In this Village Vancouver workshop with Rhiannon Johnson, we'll cover different types of garlic, soil, planting, care, and what to expect. You'll learn how to grow garlic in your garden or containers and take home some garlic cloves to plant. Community seed library present - pick up some free seeds for your garden, swap or donate seeds.

W Sep 7
425937

6:30 PM-8:30 PM
\$13/1 session

Zero Waste Kitchen & DIY Beeswax Wraps

19+ | Village Vancouver

In this Village Vancouver workshop with Rashmi GC, we'll talk about how to reduce food waste, package-free grocery shopping, proper segregation of kitchen waste, recycling and composting. Workshop participants will make beeswax wraps to take home with them. Community seed library present - pick up some free seeds for your garden, swap or donate seeds. Fee includes cost of all supplies.

F Oct 28
425939

6:30 PM-8:30 PM
\$13/1 session

Grow Your Own Microgreens

19+ | Village Vancouver

Microgreens are tasty and nutritious greens that can be eaten as a fresh snack or added to salads, smoothies, soups and more. In this Village Vancouver workshop with Dr. Yael Stav, you'll learn how to grow your own trays of microgreens at home year-round. We'll look at the difference between sprouts and microgreens, review the many possible seeds that can be used for starting microgreens, and look into troubleshooting common problems. You'll prepare your own microgreen tray to take home! We'll have a community seed library present - pick up some free seeds, swap or donate seeds. Fee includes cost of all supplies.

Tu Nov 29
425940

6:30 PM-8:30 PM
\$13/1 session



Education

Chinese Calligraphy (Friday)

19+ yrs | Wai Yin Lau

Come and learn the ancient art of Chinese calligraphy. Participants will improve their writing skill through the use of ink, brush and paper. No class Sept 30, Nov 11.

F Oct 7-Dec 16 9:30 AM-11:30 AM
422932 \$30/10 sess

Wellness Program

50+ yrs | Anne Yue

This program provides information to help you be healthy and safe. Learn more about nutrition, exercise, flu shot, fall prevention, home safety and more! You can also have a chance to try out the modified osteofit exercise.

Tu Sep 6-Dec 20 10:00 AM-12:00 PM
423038 Free with Registration

Fitness & Health

Seniors Tai Chi

50+ yrs | Volunteer Instructor

Join us for some easy and relaxing exercise. Our volunteer instructor will assist you to learn the different forms of Tai Chi movement. It helps to develop great mobility and balance. No experience necessary! No class Sept 30, Oct 10, Nov 11.

M/Tu/W/Th/F Sep 1-Dec 23 9:00 AM-10:30 AM
423010 Free with Registration

Everyone should have access to recreation

Subsidies are available for Strathcona residents facing financial barriers.

See page 2.

Strathcona Chinese Wellness Program for Stroke Survivors

19+ yrs

Come and join our wellness program designed for stroke survivors. Class entails light stretching and movement with time to meet and engage with other members. Fee for snacks not included but is optional for those who attend.

Th Sep 8-Dec 15 10:00 AM-12:30 PM
423022 Free with Registration/15 sess

Wu's Tai Chi

50+ yrs | David Ho

A gentle art of health and well being for people of all ages and health conditions. The Tai Chi exercise helps to develop strength and balance. No experience necessary!

Tu Sep 13-Dec 13 10:45 AM-11:45 AM
423039 Free with Registration

Social

Healthy Luncheon

50+ yrs

Have a social lunch together where you can meet new people and chat over a nutritious meal. Please purchase tickets in advance as space is limited. Lunch menu is posted in the Seniors Lounge bulletin board.

W Sep 7 (Mid-Autumn Festival)	9:00 AM-1:00 PM
422940	\$11.43/1 sess
W Sep 28	9:00 AM-1:00 PM
422941	\$9.52/1 sess
W Oct 19	9:00 AM-1:00 PM
422942	\$9.52/1 sess
W Nov 16	9:00 AM-1:00 PM
423533	\$9.52/1 sess
W Dec 14	9:00 AM-1:00 PM
423534	\$9.52/1 sess

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decision on activities four days prior to the start date. If not enough people sign up the program will either be cancelled or postponed.



Welcome to the Strathcona Fitness Centre!

Fitness Centre Hours

Mon-Fri 9:00AM - 8:30PM
 Sat 9:00AM - 4:30PM
 Sun 10:00AM - 1:30PM
 Dec 19-23/Dec 28-31 ... 9:00AM - 4:30PM
 Dec 24 9:00AM - 12:30PM

Aug 29 - Sep 2
Fitness Hours of Operation:
9:00AM - 4:30PM

Holiday Closures

Sept 5 CLOSED
 Sept 30 CLOSED
 Oct 10 CLOSED
 Nov 11 CLOSED
 Dec 25, 26, 27 CLOSED
 Jan 1, 2 CLOSED

Information

- Stay home if you are sick. By entering our facilities you are declaring that you are in good health

Fitness Consultations

Book up to 3 sessions with our Fitness Centre Staff! Free with drop-in admission, a valid flexipass or a usage pass. In your first session, learn how to use the equipment, get a personalized program and receive a card to track your progress. At your next session, our staff will monitor your exercise technique and answer any questions about your program. Book a third session if you need additional support or motivation. Please call front desk to book a timeslot.

Fitness Centre Fees

Flexipass (Monthly Passes)	Adults (19-64 years)	Seniors (65+ years)	Youth (13-18 years)
Single-visit admission	\$6.66	\$4.66	\$4.66
1 Month	\$51.28	\$35.90	\$35.90
3 Month	\$138.46	\$96.92	\$96.92
12 Month	\$443.06	\$310.14	\$310.14
10 Visit Usage Pass	\$57.28	\$40.10	\$40.10

Prices do not include GST.
 Prices subject to change without notice.

Personal Training/Semi Personal & Small Group Training

You can book 1, 3, 5, or 10 sessions, either privately or with a friend. Whether you are a beginner, over coming a plateau, rehabilitating from an injury or looking for a sport-specific workout, our Trainers will work with you to develop a customized plan designed to meet your goals.

Please visit <https://vancouver.ca/parks-recreation-culture/personal-training.aspx> to register and for more information.

Sessions	Private (1 person)	Semi-private (2 people)	Small group (3-4 people)
1	\$55.40	\$83.08	\$116.53
3	\$153.52	\$230.32	\$312.11
5	\$246.92	\$380.25	\$457.78
10	\$443.27	\$706.18	\$832.31

Prices do not include GST.
 Prices subject to change without notice.



Room Rentals

Strathcona Community Centre has rooms for all occasions and meetings. We have a great gym space for indoor sports play and meeting facilities as well. **Please contact Raymond (raymond.eng@vancouver.ca) or the front desk at 604.713.1838 to book your rental.**

ROOM	ROOM CAPACITY		OPERATING HOURS \$ per hour	AFTER HOURS \$ per hour & staff
	MAX	COMFORT		
Gymnasium – 96'x60' (Sport rentals only) Please note: Mandatory insurance required. Visit eventpolicy.ca	N/A	N/A	\$65.00	\$85.00 2 hours minimum
Seniors Room – 48'x28'	80	60	\$45.00	\$70.00
Activity Room – 34'x28'	40	30	\$40.00	\$65.00
Community Room – 34'x28'	30	20	\$35.00	\$60.00
DIGITAL EQUIPMENT – For Workshops, Seminars, Meetings				
LCD Projector (Projector screen included)	\$25.00			



GYMNASIUM



SENIORS ROOM



ACTIVITY ROOM



COMMUNITY ROOM

50TH

ANNIVERSARY

SEPTEMBER 10, 2022
11 AM - 2 PM

IN THE BACK PARKING LOT
(PENDER ST ENTRANCE), AT

601 KEEFER STREET

STRATHCONA COMMUNITY CENTRE

BRING FAMILY
& FRIENDS



ARTS & CRAFTS - BOUNCY CASTLES - FOOD - FUN & GAMES -
LIVE ENTERTAINMENT - COTTON CANDY - & MORE!



29TH ANNUAL WINTER SOLSTICE LANTERN FESTIVAL
Wednesday, December 21, 2022

Please plan to celebrate
Winter Solstice with us and
check our website for details:
www.secretlantern.org



Winter Break Day Camp

5-12 yrs | 9:00am-3:00pm
Day Camp Team

Come and join our day camp staff team for an exciting Winter program that includes arts & crafts, neighbourhood adventures, out-trips, and more! Child must be currently in Kindergarten and turning 6 years old by December 31, 2022 to attend Day Camp. Day camp participants must bring a packed lunch and dress appropriately for the weather. A waiver form must be completed prior to the start of the week.

WEEK	DATES	COST	ACTIVITY #
1	DEC 19-23	\$115	423587
2	DEC 28-30	\$69	423588

refund requests must be received a minimum 10 working days (Mon-Fri) before the first day of session to receive a full refund.

601 KEEFER STREET, VANCOUVER
(604)-713-1838
WWW.STRATHCONACC.CA

